



Republic of the Philippines
Department of Education
Region V
SCHOOLS DIVISION OF SORSOGON

May 13, 2024

DIVISION MEMORANDUM

NO. 103, s. 2024

PARTICIPATION IN THE HEALTH ALLIES TRAINING WITH THE PARTNER SCHOOLS OF THE PROJECT KAAKBAY: KAMPUS KALUSUGAN BY THE UNILAB FOUNDATION IN THE PROVINCE OF SORSOGON

To: **Assistant Schools Division Superintendent**

CID and SGOD Chiefs

Education Program Supervisors/ Division Coordinators

Public Schools District Supervisors/ OIC-PSDSs

School Principals/Heads and Concerned Teachers of the following schools:

1. Donsol National Comprehensive High School (1st District)
2. Pilar National Comprehensive High School (1st District)
3. Gubat National High School (2nd District)
4. Gallanosa National High School (2nd District)
5. Bulan National High School (2nd District)

1. In its effort to support the **DepEd MATATAG Agenda: MA**ke the curriculum relevant to produce competent and job-ready, active, and responsible citizens, and the SDO-Sorsogon Superintendent's Division Change Plan/ Leadership Agenda, **The VILLAGE, INC** which is a proactive mechanism engaging active partners to provide quality and relevant education for school children, DepEd- Sorsogon in partnership with the Unilab Foundation, Inc. through its Project Kaakbay: Kampus Kalusugan shall conduct a **Health Allies Training on May 21 to 23, 2024** at the **Irosin National Agency Center and Terminal (INACT) Gymnasium, Irosin, Sorsogon** for the participating learners from the five aforementioned schools (initially engaged in the training last December 2023 in Gallanosa National High School) together with their school nurses and school heads.

2. The Health Allies Training aims to equip our learners with knowledge and practical skills to be reliable health allies, and support the school health personnel in promoting school health initiatives. Additionally, it will help our learners and other key school personnel involved in establishing a school health council to champion, develop and implement health reforms and initiatives that respond to the unique needs of the school.



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3. Enclosed are the Program of Activities, and the Consent form to be accomplished by the participants.

4. In this regard, we would like to request the full cooperation from your esteemed office and immediate actions on the following:

- a. The learners and teacher coordinators who were engaged in the Enabling Skills and Basic Life Support Training conducted last December 2023 at Gallanosa National High School will attend and **participate in the upcoming Health Allies Training on May 21 to 23, 2024 at Irosin National Agency Center and Terminal (INACT) Gymnasium located in San Pedro, Irosin, Sorsogon.**
- b. Aside from the assigned teacher coordinators, **each school must endorse three (3) school representatives to participate in the activity** scheduled for May 21 to 23, 2024. In identifying school representatives, **they must be the School Head/Principal (can send another representative if not available) and School Nurse/Clinic Teacher.** Their presence and participation in the training is vital in preparation for the establishment of school health council.
- c. The identified **school representatives must register on or before May 15, 2024 through this link: <https://bit.ly/PK-SchoolHealthCouncil>** for database purposes. The Organizers will provide updates on the activity, including program details, via email and the contact number provided.

5. In preparation for the Health Allies Training on May 21 to 23, we would like to inform you of the following details below:

- a. **Before going to the venue, the participants will need to put their things in the respective room assigned to them at Irosin Central School.** The organizers from ULF-Project Kaakbay will be assisting you at the school.
 - i. The Irosin Central School is 10 minute walk or 3 to 5 minute ride away from the venue.
 - ii. The venue of the training is at the INACT Gymnasium.
 - iii. The **ULF-Project Kaakbay will have a provision for transportation fare (back and forth) for each school everyday.** It will be given to and be managed by the assigned coordinator.
- b. Please ensure that our participating learners will **submit their consent form to their teacher coordinators on or before May 20, 2024.** You may use the attached consent in this memorandum.



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- c. The learners shall take note of the official attire for the 2-day activity:
- i. Day 1 – **White Project Kaakbay Polo Shirt**
 - ii. Day 2 – **Blue Project Kaakbay T-Shirt**
 - iii. Day 3 – **Any comfortable clothes (please observe appropriateness)**
- d. The **learners shall prepare clothes sufficient for a three (3) day and two (2) night stay** at the venue. We also request that they **prepare towels and toiletries** (soap, shampoo, toothpaste, toothbrush, etc.).
- e. Their **meals and snacks** (breakfast, AM snack, lunch, PM snack and dinner) will be **fully covered by the organizers**. They are **encouraged to bring their own water tumblers**.
- f. They are reminded to **bring their official Project Kaakbay lanyard and other note-taking supplies** (pens and notebook).
- g. To regulate the temperature at the venue and ensure that learning will remain conducive to our learners, may **we request provision from each school of 1 to 2 electric fans or portable fans to be brought at the venue**.
6. The Health Allies Training will be mainly facilitated by our training provider, the **Alliance for Improving Health Outcomes** (AIHO) Inc. It is a two-day module training which will strengthen the following areas of competencies listed below:
- a. Module 1: **Public Health**
 - b. Module 2: **Leadership in Community and Public Health**
 - i. Theories in Health and Identifying Leadership Roles
 - ii. Health Advocacy and Communication
7. Transportation expenses from the school to the venue and vice-versa, and other incidental expenses of the participants shall be charged against local funds/ school MOOE subject to the usual accounting and auditing rules and regulations. However, the school may also request support from the LGU/ BLGU for the transportation service of the participants when possible. Token for the guests shall be charged against the Division MOOE subject to the usual accounting and auditing rules and regulations.
8. For information, guidance and dissemination to all concerned.

WILLIAM E. GANDO, CESO VI
Schools Division Superintendent



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PROJECT KAAKBAY: KAMPUS KALUSUGAN HEALTH ALLIES TRAINING
 May 21 to 23, 2024 | Irosin National Agency Center and Terminal (INACT) Gymnasium
 San Pedro, Irosin, Sorsogon Province

Day 1 – May 21, 2024

Time	Activity
7:00 – 8:00 AM	Arrival and Settling of Luggage to Irosin Central School
8:00 – 9:00 AM	Registration of Participants
Preliminary Activities	
9:00 – 9:20 AM	Opening Prayer
	Singing of National Anthem
	Roll Call of Participants by School
	Welcome Remarks
	Message of Support
Program Proper	
9:20 – 9:25 AM	Introduction to Organizing Team
9:25 – 9:30 AM	Program Overview
9:30 – 9:35 AM	Presentation of House Rules
9:35 – 10:00 AM	GTKY and Expectation Setting
10:00 – 10:15 AM	Morning Break
10:25 – 12:00 NN	Module 1: Public Health Session 1: Basic Health Concepts: Primary Care vs. Primary Health Care
12:00 – 1:00 PM	Lunch
1:00 – 1:10 PM	Energizer
1:10 – 1:40 PM	Module 1: Public Health Session 2: Understanding Health in the Philippine Context – Philippine Health System
1:40 – 2:45 PM	Group Activity: Dissecting Health with the Learners
2:45 – 3:00 PM	Afternoon Break
3:00 – 4:20 PM	Module 2: Leadership in Community and Public Health Session 1: Leadership Theories in Health and Identifying Leadership Styles
4:20 – 4:30 PM	Short Break
4:30 – 5:30 PM	Group Activity: Health Advocacy and Communication
5:30 – 5:40 PM	Reflection and Feedback Session
5:40 – 5:50 PM	Closing and Final Reminders
5:50 – 6:30 PM	Freshen Up
6:30 – 8:00 PM	Dinner

Day 2 – May 22, 2024

Time	Activity
7:00 – 8:00 AM	Breakfast
8:00 – 9:00 AM	Registration of Participants
9:00 – 9:10 AM	Energizer
9:10 – 9:20 AM	Special Message
9:20 – 9:30 AM	Day 1 Recap
9:30 – 10:00 AM	Module 2: Leadership in Community and Public Health Session 2: Health Advocacy and Communication Question and Answer
10:00 – 12:00 NN	Working Break & Group Activity: Takbo ng Lahi Edition
12:00 – 1:00 PM	Lunch

1:00 – 1:30 PM	Messages of Support **Irosin Muncipal Mayor **Irosin Central School Principal
1:30 – 1:40 PM	Closing Message
1:40 – 1:45 PM	Final Reminders
1:45 – 2:00 PM	Afternoon Break
1:30 – 2:30 PM	Presentation of Project Kaakbay:Kampus Kalusugan Plans and Activities <i>Participants: Teacher Coordinators and School Representatives</i> <i>Note: Students will be settling back in the Irosin Central School</i>
2:30 PM Onwards	Preparation for Solidarity Night
6:00 – 7:00 PM	Dinner
7:00 – 7:15 PM	Opening Message
7:15 – 8:15 PM	Solidarity Activities
8:15 – 8:30 PM	Closing and Final Reminders

Day 3 – May 23, 2024

Time	Activity
8:00 – 8:30 AM	Distribution of Packed Breakfast
8:30 AM Onwards	Send Off

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